

POSITIVE OUTCOMES



Improved mental health



Improved health outcomes



Reduced substance use



Improved health-related knowledge



Increased quality of life

USING STRENGTHS-BASED APPROACHES TO ACHIEVE

POSITIVE OUTCOMES

FOR AMERICAN INDIAN/
ALASKA NATIVE YOUTH
IN CONTACT WITH
JUVENILE JUSTICE

32% of AI/AN youth live in poverty



For every life lost to alcoholism in the general population, 5 are lost in AI/AN communities



Compared with the general population, AI/AN youth carry

2X + **3X**

the risk of trauma

the rate of PTSD

STRENGTHS-BASED APPROACHES



Tribal problems are best addressed with tribal solutions—tailor programs to meet specific Tribal needs



Support youth exploring aspects of their heritage that emphasize strength and pride



Develop strategies to engage parents, extended family, and elders



Tribes are diverse: Incorporate each tribe's unique culture into all interventions



Maximize youth involvement