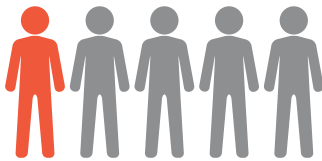


# CRISIS INTERVENTION TEAMS FOR YOUTH

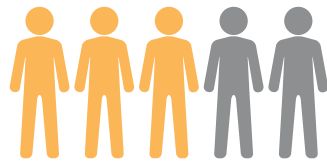
## THE CHALLENGE

As first responders to calls involving disruptive behavior, law enforcement officers have a unique opportunity to help individuals in crisis.

Properly trained officers can recognize the symptoms of mental disorders and connect those exhibiting such symptoms to emergency mental health services.



1 in 5 children has a diagnosable mental disorder



3 in 5 children have experienced exposure to violence in the past year

1,000,000

In 2014, law enforcement agencies in the United States made an estimated 1 million arrests of person under 18

## THE SOLUTION

CIT-Y is a supplemental training available to law enforcement officers who have previously completed CIT training, but seek specific information on working with youth. Developed by the NCMHJJ, the CIT-Y provides research-based instruction on the following topics:

- Adolescent development
- Mental and substance use disorders commonly experienced by adolescents
- Trauma exposures and the effect on adolescent development and behavior
- Crisis intervention, de-escalation, and communication techniques appropriate for youth
- Working with families
- Community resources for youth



### STANDARD CIT-Y TRAINING

- 8-hour training session for law enforcement officers trained on the CIT model
- Delivered by an expert trainer
- Maximum of 40 participants



### CIT-Y TRAIN-THE-TRAINER

- 1.5-day training session for local trainers
- Delivered by master trainers
- Maximum of 30 participants

Training packages include all training materials, pre-training consultation, assistance in evaluating the impact of the training, and ongoing updates to the curriculum for local trainers through an online, private trainers' portal.